# May 2024

Monday

Tuesday

## Did you know?

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

Breakfast
Breakfast Bread
Fresh Fruit
Lunch
Pizza
Garden Salad
Tator Tots

**Peaches** 

Breakfast
Chicken Biscuit
Applesauce
Lunch
Taco Tuesday!
Golden Corn
Pinto Beans
Fresh Fruit

Breakfast
Cereal
Fresh Fruit
Lunch
Pizza
Garden Salad
Tator Tots
Diced Pears

Breakfast
Breakfast Bread
Fresh Fruit
Lunch
Pizza
Garden Salad
Tator Tots
Peaches

2

**Memorial Day** 

Breakfast
Sausage Biscuit
Applesauce
Lunch
Nachos
Golden Corn
Black Beans
Fresh Fruit

Breakfast Chicken Biscuit Applesauce Lunch

Lunch
Taco Tuesday!
Golden Corn
Pinto Beans
Fresh Fruit

Breakfast
Cereal
Applesauce Cup
Lunch
Pizza
Green Beans
Tator Tots

**Diced Pears** 

## Wednesday

<u>Breakfast</u>

Super Donut NC Sliced Apples

Lunch
Beef Teriyaki w/
Brown Rice
Carrot Coins
Steamed Broccoli
Applesauce

Mini Confetti Panca NC Sliced Apples Lunch

Lunch
Mandarin Chicken
Brown Rice
Carrot Sticks w/ Ranch
Steamed Broccoli
Applesauce

Breakfast Super Donut NC Sliced Apples Lunch

Lunch
Chicken & Waffle
Green Beans
Mashed Potatoes
Applesauce

Breakfast
Mini Confetti Pancakes
NC Sliced Apples

Lunch
Chicken Sandwich
Sweet Potato Fries
Green Peas

Applesauce Breakfast

Super Donut
NC Sliced Apples
Lunch
Reaf Torivaki w/

Beef Teriyaki w/ Brown Rice Carrot Coins Steamed Broccoli Applesauce

## Transylvania County Schools

### Thursday

Breakfast

Mini Maple Waffles 2
Fruit Cup
Lunch

Oven Fried Chicken
Southern Style Biscuit
Mashed Potato w/ Gravy
Collard Greens
Fresh Fruit

Breakfast Cinnamon Roll

Fruit Cup
Lunch
Chicken Alfredo
Breadstick
Green Peas
Garden Salad
Fresh Fruit

Breakfast
Mini Maple Waffles 6

Lunch
Pasta w/ Meat Sauce
Breadstick
Caesar Salad
Green Peas
Fresh Fruit

Fruit Cup

Breakfast
Cinnamon Roll
Fruit Cup
Lunch

Breaded Pork Chop
w/ Country Style Gravy
Southern Style Biscuit
Mashed Potato
Black Eye Peas
Fresh Fruit

Breakfast
Mini Maple Waffles
Fruit Cup
Lunch
Oven Fried Chicken
Southern Style Biscuit

Mashed Potato w/ Gravy
Collard Greens
Fresh Fruit

Friday

Breakfast
Cinnamon Toast
Orange Cup
Lunch
Chicken Sandwich
Carrot Sticks w/ Ranch
100% Fruit Juice

Early Release Day

Breakfast
Pancake on a Stick
Orange Cup
Lunch
Steak Burger
French Fries
Lima Beans
Cherry Crisp

Breakfast Cinnamon Toast

Orange Cup
Lunch
Hot Dog w/
Chili & Coleslaw
French Fries
Baked Beans
Strawberries

<u>Breakfast</u>

Pancake on a Stide Orange Cup
Lunch
Mac & Cheese
Breadstick
Green Beans
French Fries
Cherry Crisp

Breakfast
Cinnamon Toast
Orange Cup
Lunch
Manager's Choice
Manager's will advertise
this menu in the cafeteria

Breakfast and lunch meals are <u>FREE</u> for all students for the 2023-2024 school year!

#### **Breakfast**

Breakfast in the Classroom is offered in all Elementary Schools.

BMS/RMS/RHS Offers Hot Breakfast on the serving line daily.

### Lunch

Additional Weekly Entrée

Options
Deli Sandwich
PB&J Sandwich
Boxed Salads
Pizza Boxes
Yogurt Plates or Parfaits

Middle/High Only
Papa John's Pizza
Buffalo Chicken Wings
& Breadstick
Whole Muscle Original and Spicy
Chicken Sandwiches
Chicken Tender Basket w/ Fries

Milk offered daily at breakfast and lunch 100% Fruit Juice offered daily at breakfast

This institution is an equal opportunity provider.

4/02/2024